

ASSESSING INTERVENTIONS

Self-Assessment for Crisis Response

- Have you been trained to deal with crisis and trauma?
- Are you willing to work with interdisciplinary teams?
- Are you comfortable working in culturally diverse situations?
- Are you prepared for what you might see and hear at a disaster site or with victims at a crime scene?
- Are you physically, emotionally and spiritually healthy?
- Do you allow others to help you when you need assistance?
- Are you a "fixer" or a "walker"?
- Are you familiar with other community resources?
- Are you willing to listen and not impose your own values, beliefs and judgements on others?
- Are you able to assist in a non-threatening way to anyone regardless of nationality or religion?
- Have you had training in Post Traumatic Stress reactions and other longer-term reactions to trauma and traumatic grief?
- Do you ask, "*How can I help you?*" or assume you know the answer?

External Assessment for Crisis Response

- Has there been an assessment of victim/survivor needs?
- Are the assessed needs of the victims being met?
- Have you provided stability to the victim/s?
- Has the process helped to restore "normalcy" to the individual?
- Has the intervention:
 - a. Provided for safety and security?
 - b. Minimized the emotional pain?
 - c. Restored a sense of control and authority?
 - d. Allowed for ventilation?
 - e. Provided an educational opportunity to anticipate and affect the future?
 - f. Provided calm and comfort, compassion and support?
 - g. Is the intervention sensitive enough to prevent second injury?
- Are the responders properly trained to work with trauma victims?
- Is there an opportunity to determine and address longer-term needs?
- Is there a method to evaluate successful and unsuccessful outcomes?

Sources: External Assessment-National Organization for Victim Assistance
Self-Assessment influenced by Chaplains Ken Plank and Jack Poe. Created by Jayne Crisp, CTS,
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