



THE ARK OF SC

SERVING FAMILIES WITH ALZHEIMER'S
AND RELATED DEMENTIA SINCE 1996

ADULT RESPITE CARE

Programs are offered in Summerville Monday through Thursday to give family caregivers a much needed break from the stress of around-the-clock caregiving. Respite programs keep loved ones with memory issues connected to their community through fellowship and fun.

SUPPORT GROUP

Groups meet in a therapeutic environment to help caregivers learn coping skills through sharing with each other and with guest speakers. Groups are offered in Summerville, Harleyville, and Moncks Corner.

NAVIGATION CLUB

The Navigation Club's mission is to support brain health through engaging members in five important content areas: Socialization, Mental Stimulation, Physical Activity, Spirituality and Nutrition.

CAREGIVER CONSULTATION

The ARK's staff partners with families to set care priorities, share caregiving techniques, and connect with resources to allow the person with memory issues to live a quality life at home as independently as possible.

COMMUNITY LEARNING PROGRAMS

The ARK partners with area businesses and industries to assist employees who also serve as caregivers. In-service training is also available.

THE NOAH PROJECT

The ARK mentors under-served rural and urban areas in developing Alzheimer's support services tailored to meet the unique needs of communities in Dorchester, Berkeley, Charleston, Colleton, and Orangeburg counties.

MAJOR GIFT INITIATIVE

The ARK has moved into its beautiful, expanded, dedicated home. Our move will give The ARK the much-needed space to provide the quality and quantity of service that the target population so desperately needs, while creating a more visible presence in our community. To learn more email Executive Director, Peg Lahmeyer at info@thearkofsc.org.

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